



Deutsche  
Sporthochschule Köln  
German Sport University Cologne

Institute of Sportsociologie  
Dep. of Gender Studies

# Gender issues at the German Sportuniversity

**Prof. Dr. Ilse Hartmann-Tews**

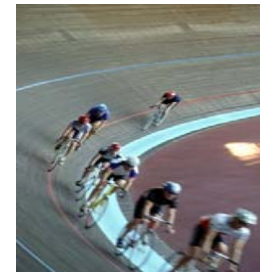
**Dones i esport: bones pràctiques en recerca, docència i innivació**  
**Women and sport: innovation in research, teaching and practice**

**Barcelona, Sept. 26./27. 2011**



## German Sport University Cologne

- The City and its universities
- Gender focused institutions and activities
  - Equal Opportunity CO
  - Dep. of Gender Studies
  - Interdisciplinary Center





Deutsche  
Sporthochschule Köln  
German Sport University Cologne

Institute of Sport sociology  
Dep. of Gender Studies

## The City of Cologne





## Universities at Cologne

### 13 universities (public and private)

- University of Cologne (~42.000 students)
- Cologne University of Applied Science (~16.000 students)
- ...
- **German Sport University (~4.500 students)**
- ...
- University of Music and Dance (~ 1.5000 students)



## German Sport University

- 1947** Founded to continue the tradition established by Berlin's „Deutsche Hochschule für Leibesübungen“, which opened its doors in 1920
- 1966** 1,000 students enrolled
- 1970** University status (Ph.D. / Habilitation)
- 1982** Faculty structure introduced
- 2007** Introduction of bachelor's and master's degrees
- 2010** 5,000 students enrolled (BA, MA, Teacher's degree, PH.D. programme) from 59 countries



## German Sport University

~ **25 professors**

~ **20 institutes**

- Institute of Biochemistry ...
- Institute of Psychology
- Institute of Neurophysiology
- **Institute of Sociology, Dep. of Gender Studies**
- ...

~ **10 Special Research and Service Centres**

- Center of Olympic Studies
- Center of teacher training
- **Center of Interdisciplinary Competences in Gender Issues**
- ...

~ **275 members of staff**

~ **275 members in administration**





## Study programmes and degrees DSHS

The following Bachelor's degrees are offered:

- Sport Management and Sport Communication (B.A.)
- Sport, Health, and Prevention (B.A.)
- Sport, Outdoor Education, and Movement (B.A.)
- Sport and Performance (B.Sc.)

The following Master's degrees are offered:

- M.A. Physical Activity, Performance and Aging
- M.A. Sport Tourism and Recreation Management
- M.A. Sport, Media, and Communication Research
- M.A. Rehabilitation and Health Management
- M.Sc. Sport Management
- M.Sc. Exercise Science and Coaching
- M.Sc. Sports Technology

Additional Qualifications:

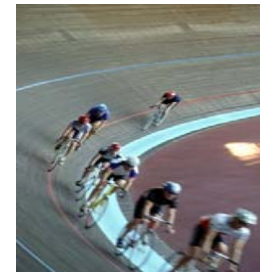
- M.A. Danceculture V.I.E.W
- M.A. Olympic Studies
- M.Sc. Sportsphysiotherapy





## German Sport University Cologne

- The City and its universities
- **Gender focused institutions and activities**
  - Equal Opportunity CO
  - Dep. of Gender Studies
  - Interdisciplinary Center







## Equal Opportunity Clearing Office

**-> support equal opportunities for all**

### **Example 1**

**Development programmes to raise the share of female students**

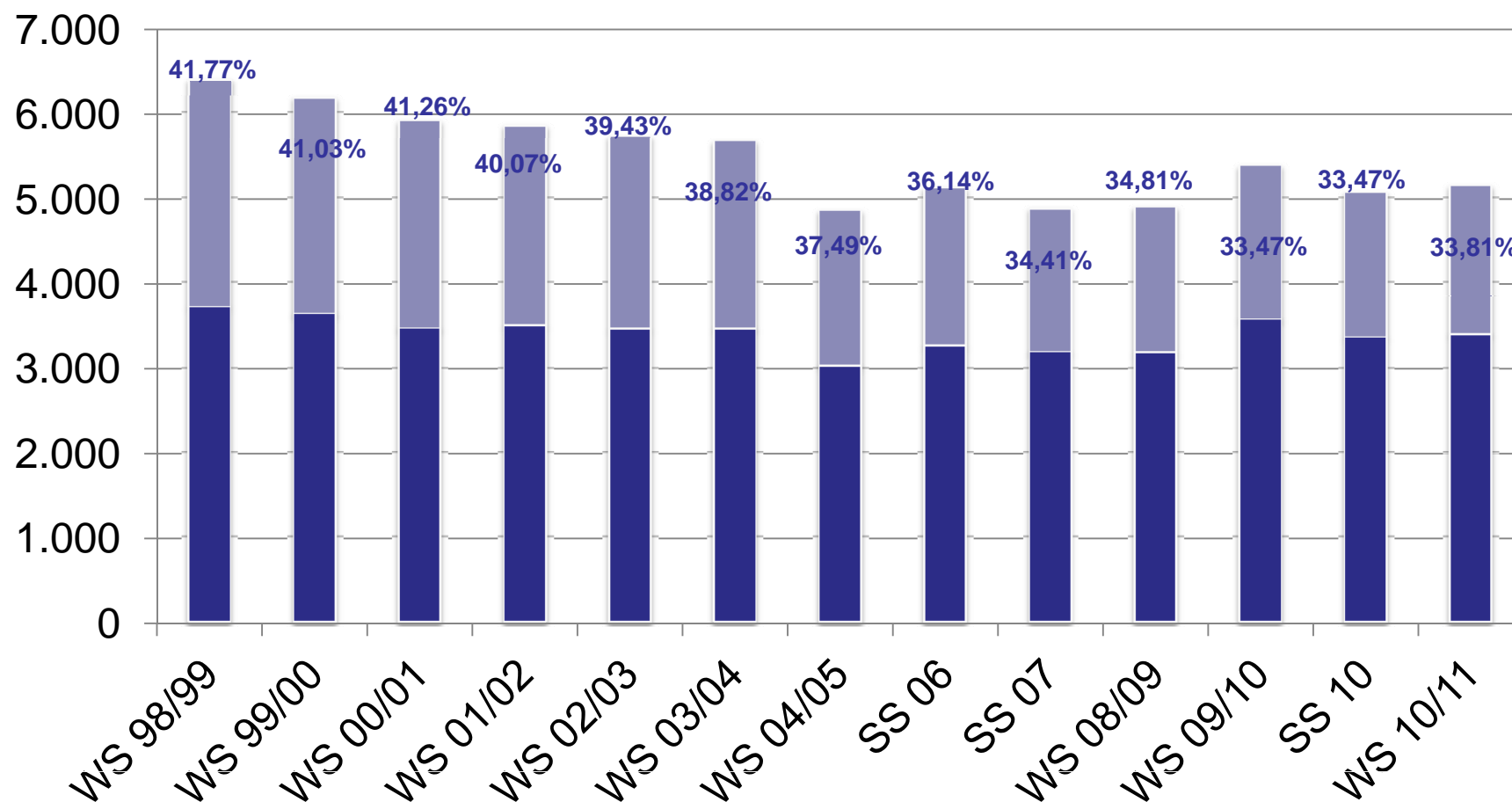
Ratio female : male in staff and students

Professorship: 11,5 % (2 females) : 88,5% (24 males)

Students: 33,8 % (1739 females) : 66,2% (3404 males)



## Development in the share of female students





# Equal Opportunity Clearing Office

## Development programmes

### Aim:

- To increase the share of female students at BA level up to 40%

### Motivation:

- Gender mainstreaming programmes
- Financial incentive from state

### Strategy:

- Find out reasons and take countermeasures
  - Less interest?
  - Admission criteria ?



## Equal Opportunity Clearing Office

- **Less interest of female pupils?**  
= interviews with pupils relating to their interests in university studies

### **Actions**

- = Girls Day to introduce them to sport sciences and the variety of professional fields
- = promotion activities
- = ...

- **Admission criteria ?**
  - a) cognitive / highschool degree
  - b) motoric / performance test at the DSHS

### **Action**

- = small scale training camps for female applicants
- = revision of gender specific acceptance criteria



# Equal Opportunity Clearing Office

## Example 2

### Teamwork Mentoring programme



#### Goals

- Support young female scientists
- Empower the potentials and competences of high qualified female scientists
- Facilitate the contact to the scientific community
- Increase the number of women in leading positions in sport science

#### Target group: doctoral students / postdoctoral scientists

- since 2009 = 30





## Equal Opportunity Clearing Office

### **Mentoring:**

- Renowned academics (mentors) support and encourage young scientists (mentees) in various aspects of their professional development

### **Training:**

- Courses and trainings on a variety of topics relevant for an academic career (.....)

### **Networking:**

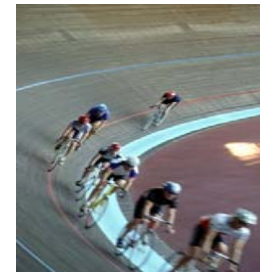
- Interdisciplinary teams as well as comprehensive networking events help to reflect on the individual position and ....





## German Sport University Cologne

- Gender Profile (development programmes)
- **Gender focused institutions and activities**
  - Equal Opportunity CO
  - **Dep. of Gender Studies**
  - Interdisciplinary Center





## Institute of Sport Sociology, Department of Gender Studies

Network Women's Research NRW

„The most important element of the decentralised Women's Research Network NRW is its cooperation projects, carrying out interdisciplinary research across various universities“

### General Profile

- Analysis of social structures and processes that create, stabilise or transform gender-related social inequalities in sport.
- Theory-driven empirical research (ranges from basic to applied research)
- International perspective
- Multidisciplinary approach
- Transfer of the research findings / consultation



## Curriculum input of the department

### Bachelor's degrees

- **Sport Management and Sport Communication (B.A.)**
- **Sport, Health, and Prevention (B.A.)**
- **Sport, Outdoor Education, and Movement (B.A.)**
- **Sport and Performance (B.Sc.)**

- lectures & seminars in social sciences
- Managing Diversity

### Master's degrees :

- M.A. Physical Activity, Performance and Aging
- M.A. Sport Tourism and Recreation Management
- M.A. Sport, Media, and Communication Research
- M.A. Rehabilitation and Health Management
- M.Sc. Sport Management
- M.Sc. Exercise Science and Coaching
- M.Sc. Sports Technology







## Curriculum input of the department

### Bachelor's degrees

- **Sport Management and Sport Communication (B.A.)**
- **Sport, Health, and Prevention (B.A.)**
- **Sport, Outdoor Education, and Movement (B.A.)**
- **Sport and Performance (B.Sc.)**

- lectures & seminars in social sciences
- Managing Diversity

### Master's degrees :

- **M.A. Physical Activity, Performance and Aging**
- M.A. Sport Tourism and Recreation Management
- **M.A. Sport, Media, and Communication Research**
- M.A. Rehabilitation and Health Management
- M.Sc. Sport Management
- M.Sc. Exercise Science and Coaching
- M.Sc. Sports Technology

Lectures/seminares

Lectures/seminars







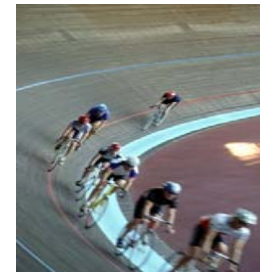
## Profile in research

- Social construction of gender in the media (Hartmann-Tews & Rulofs)
- Age(ing) and sport (Hartmann-Tews & Tischer)
- Diversity Management (Rulofs & Dahmen & Emberger)
- Inclusion / integration in and through sport (Rulofs & Hartmann-Tews)
- Gender Bias in research (Hartmann-Tews & Rulofs & Combrink)



## German Sport University Cologne

- Gender Profile (development programmes)
- **Gender focused institutions and activities**
  - Equal Opportunity CO
  - Dep. of Gender Studies
  - **Interdisciplinary Center**

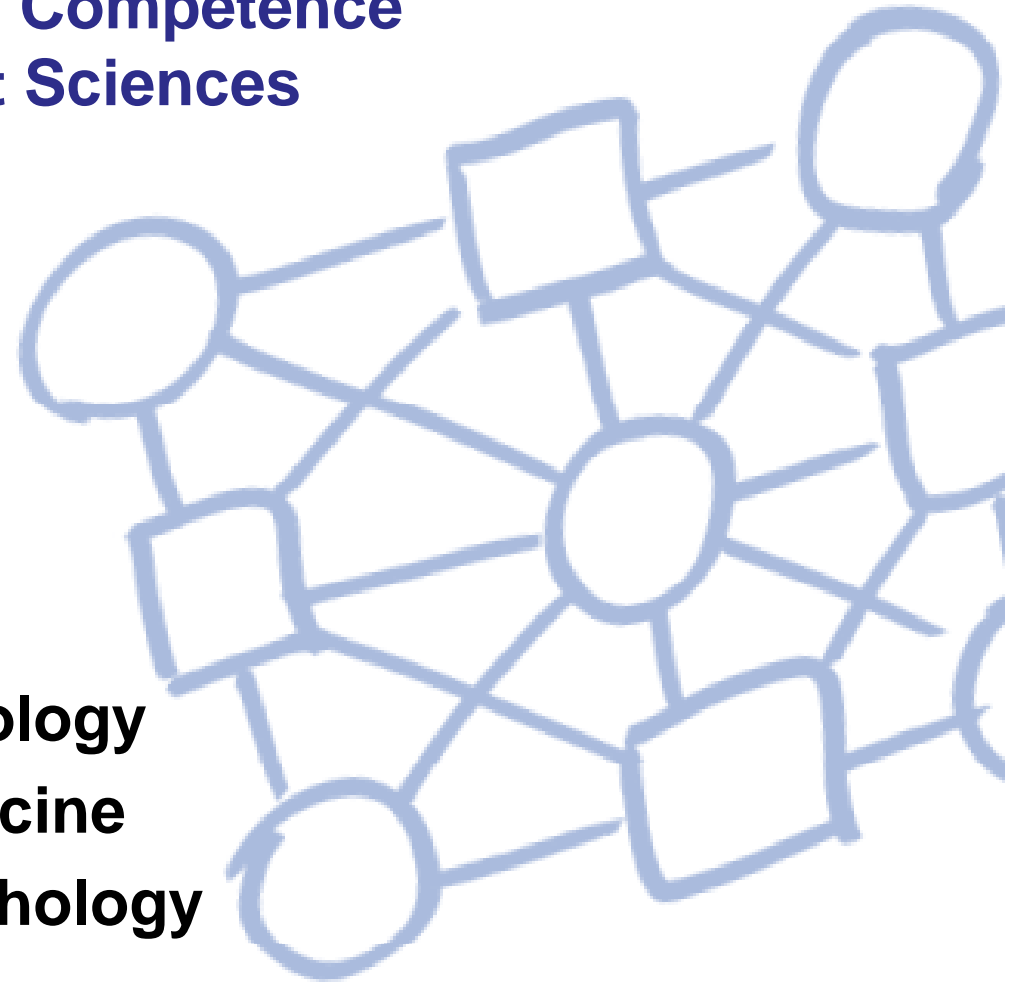




## Interdisciplinary Center of Competence for Gender Issues in Sport Sciences

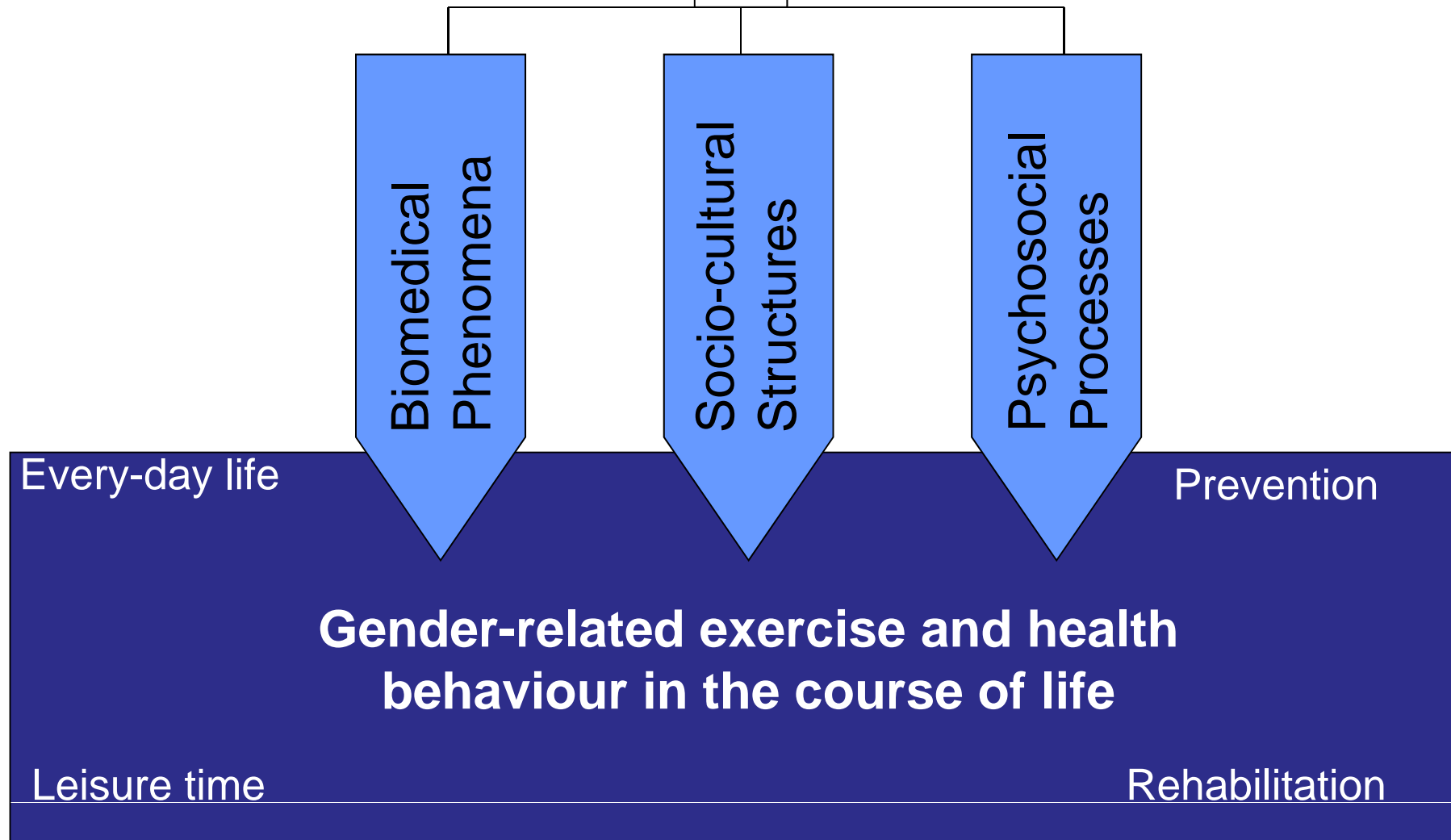
**Health &  
Sports activity**

**Sports-sociology  
Sports-medicine  
Sports-psychology  
Motor science**





## Interdisciplinary Research and Model Formation





## General research questions:

- Which gender-related differences and similarities exist in a physical activity related health profile and behaviour during the entire span of life?
- What kind of biomedical, socio-cultural and psychosocial factors are of explanatory value in regard to the differences in health behaviour between men and women?
- What are the consequences of these new findings for the supply of prevention and intervention programs?





## German Sport University Cologne

- The City and its universities
- Gender focused institutions and activities
  - Equal Opportunity CO
  - Dep. of Gender Studies
  - Interdisciplinary Center

