



# Parenting Support During COVID-19

for all families in Warwickshire

Children are rewarding, stimulating and fun, but looking after them can be stressful and challenging. Particularly during these uncertain times.

Our friendly Family Support Workers can provide techniques and tips to support you with your latest challenges, we're waiting to hear from you.

We can offer support and advice around;

- child behaviour
- routines and boundaries
- Sleep
- Toileting
- eating and related issues
- social and emotional development
- parental isolation
- parental conflict
- any other support for parenting

Phone 01926 412 412 and  
choose option 3 to talk to a  
family support worker.

Monday - Friday 9AM - 4PM