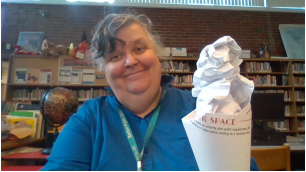



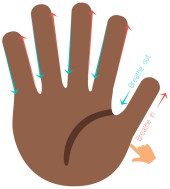










# Children's Mental Health Storytimes and Boston Public Library STARS Scavenger Hunt

We invite you and your family to visit local Boston Public Libraries, explore resources, and try out these activities with the Children's Mental Health Storytimes Storytellers! You will receive a **FREE book** when visiting your local BPL library in person!



S	T	A	R	S
<p>Come tell Cindy your favorite fairy tale story!</p>  <p>Outdoor Storytime at Fridays at 10:00am <b>Field Corner BPL</b></p>	 <p>Find the area where parents can get resources</p>	 <p>Favorite book</p>	 <p>Book in a language other than English</p>	<p>Take a picture with Jackie and Carter Bookins, the book cart!</p>  <p>Outdoor Story Time Tuesdays at 10:30 AM <b>Adams Street BPL</b></p>
<p>5 Finger Breathing</p>  <p>Do the 5-Finger Breathing with your parent/caregiver!</p>	<p>Sing a song with Mr. Ritse!</p>  <p>Outdoor Music Hour Thursdays at 11:30am <b>Lower Mills BPL</b></p>	 <p>Find artwork in the library</p>	<p>Come show Chris your best dance move!</p>  <p>Outdoor Story Time Fridays at 10:30am <b>Codman Square BPL</b></p>	 <p>Take a selfie (with your librarian if they are comfortable)</p>
<p>Come tell Claire a joke!</p>  <p>Outdoor Storytime Mondays at 10:30am <b>Egleston Square BPL</b></p>	 <p>Sign up for a library card</p>	<p>THURSDAYS AT 3:30-4:00pm</p> <p><b>CHILDREN'S MENTAL HEALTH STORYTIME</b></p> <p>Co Hosted by the Mental Health Committee and Boston Public Library!</p> <p>SONGS and ACTIVITIES BOOK READINGS EXPLORING EMOTIONS</p> <p>Attend a Vital Village Mental Health Storytime</p>	 <p>BIGGEST book you can find</p>	<p>Come show Allie your best yoga move!</p>  <p>Outdoor Story Time Wednesdays at 10:30am <b>Brighton BPL</b></p>

Co-Hosted Activity by the Vital Village Networks Mental Health Committee and Boston Public Library Children's Librarians

### The STARS Scavenger Hunt

The goal of this family-fun activity is to highlight the abundant resources in our local neighborhood libraries for children and families!

Each BPL branch is a part of the scavenger hunt as a special storyteller friend who is looking forward to see you!

You will receive a **FREE book** when you show them this sheet throughout November and December 2021.

### Vital Village Networks

Vital Village is a network of residents and agencies committed to maximizing child, family, and community wellbeing.

<https://www.vitalvillage.org/>

### Boston Public Library (BPL)

The mission of BPL is focused on four core areas: reading and literacy, spaces and programs, reference and instruction, and special collections and cultural heritage. Our commitment to be 'Free to All' is carved into the façade of the Central Library in Copley Square, and we are proud to welcome everyone equally regardless of gender, race, national origin, sexual orientation, faith, or economic status.

<https://www.bpl.org/>

<a href="#"><u>Adams Street BPL</u></a> 690 Adams Street Dorchester MA 02122 (617) 436-6900	<a href="#"><u>Brighton BPL</u></a> 40 Academy Hill Rd Brighton MA 02135 (617) 782-6032	<a href="#"><u>Codman Square BPL</u></a> 690 Washington St Dorchester MA 02124 (617) 436-8214
<a href="#"><u>Egleston Square BPL</u></a> 2044 Columbus Ave Roxbury MA 02119 (617) 445-4340	<a href="#"><u>Field Corner BPL</u></a> 1520 Dorchester Ave Dorchester MA 02122 (617) 436-2155	<a href="#"><u>Lower Mills BPL</u></a> 27 Richmond St Dorchester MA 02124 (617) 298-7841

### Children's Mental Health Storytimes

Families with young children are invited to virtual Children's Mental Health Storytimes co-hosted by the Vital Village Network Mental Health Committee and Boston Public Library. Together, we bring families together for book readings and activities focused on Social-Emotional Learning inspired by our Children's Mental Health Storytime Toolkit.

Sessions are designed for children 3-8 years old, however, younger and older siblings are welcome to join the fun! At the end of our session, there will be an opportunity for Q&A and resource sharing with parents/caregivers.

**Every Thursday from 3:30-4:00pm**

Register Here: <https://cutt.ly/child-mental-health-story> or QR code



Ask questions or send scavenger hunt pictures to [Desiree.Hartman@bmc.org](mailto:Desiree.Hartman@bmc.org) and [Amainaris.Sanchez@bmc.org](mailto:Amainaris.Sanchez@bmc.org)!