

Discover Your Unique Skin Type.



Get to know your skin type with the Baumann skin typing system.

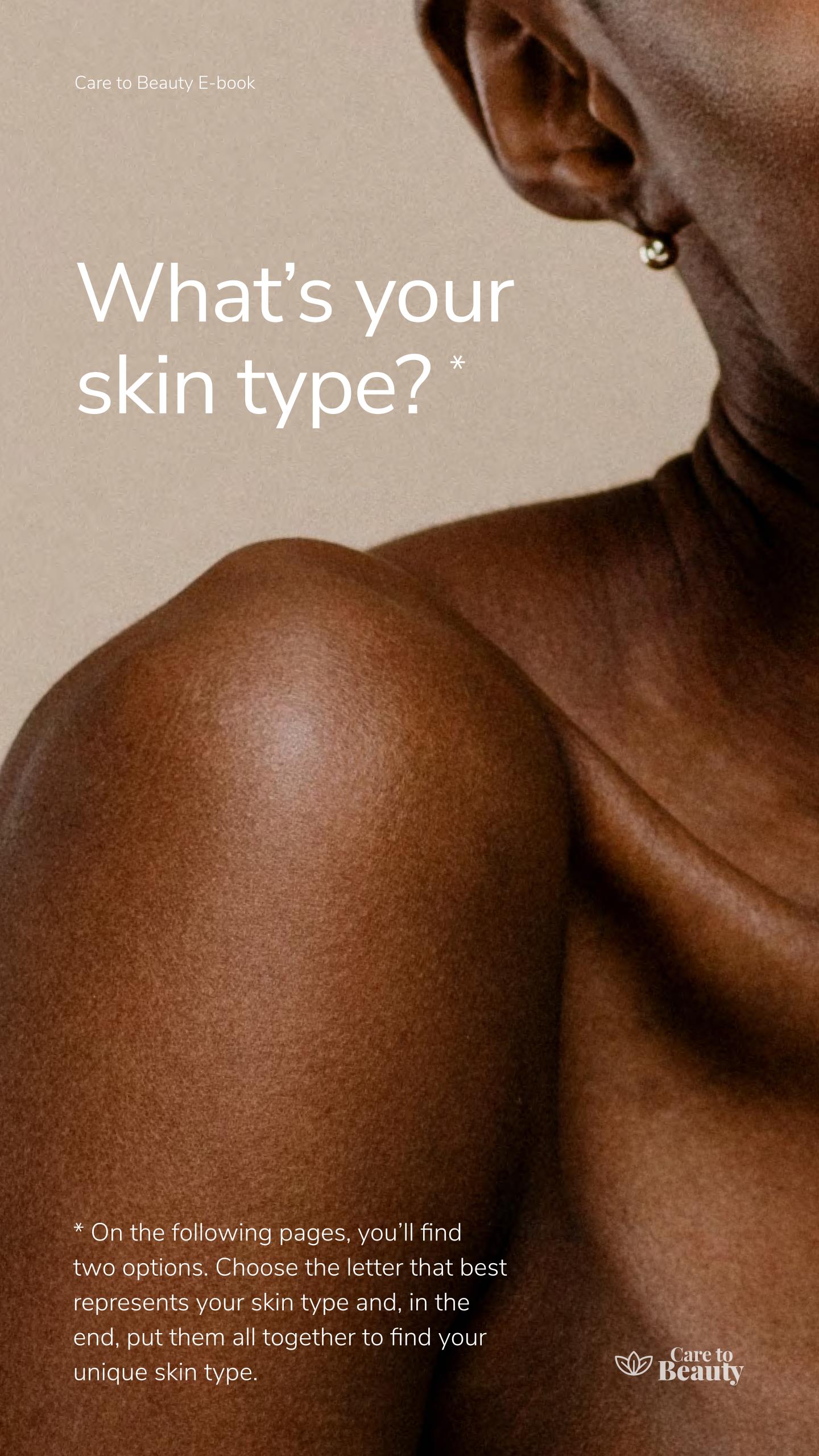
The Baumann Skin Typing System is a skin type classification system created by dermatology professor Leslie Baumann.

It was first unveiled in the book "The Skin Type Solution", and it's since taken the world of beauty by storm.

The Baumann system is based around skin characteristics. Skin can be Dry or Oily, Sensitive or Resistant, Pigmented or Nonpigmented, and Wrinkled or Tight.

When combined, these characteristics form 16 unique skin types.





Oily(O) vs Dry(D)

Oily

Oily skin has excess sebum production.

The major complaints associated with oily skin include excess shine and, occasionally, the development of acne. If this sounds like you, you have Oily (O) skin.

Dry

Dry skin has low sebum production and a moisture imbalance.

If your skin feels dry and tight, has a rough texture, and looks a little dull, like it doesn't quite reflect the light, you have Dry (D) skin.



Sensitive(S) vs Resistant(R)

Sensitive

There are four unique subtypes of sensitive skin, and inflammation is their common trait.

If you have acne or rosacea, experience occasional stinging, or if you're allergic to many skincare products, you have Sensitive (S) skin.

Resistant

Resistant skin can handle anything, from daily aggressions to highly concentrated skincare products.

If your skin is easy to manage and feels pretty resilient, you have Resistant (R) skin.



Pigmented(P) vs Nonpigmented(N)

Pigmented

Pigmentation is a very common skin concern.

If you tend to develop uneven and unwanted pigmentation, such as dark spots and patches, melasma, or post-inflammatory hyperpigmentation (PIH), your skin type is Pigmented (P).

Nonpigmented

Nonpigmented skin may deal with a lot of issues, but uneven pigmentation isn't one of them.

If you don't have any skin concerns associated with pigmentation issues, <u>your skin belongs in the Nonpigmented (N)</u> group.



Wrinkled(W) vs Tight(T)

Wrinkled

Skin aging can manifest as wrinkles, dullness, loss of elasticity and firmness, and just an overall "aged" and "tired" look.

If your skin shows these signs, <u>your skin</u> type is Wrinkled (W).

Tight

Not everyone experiences signs of aging at the same age, or in the same way.

If you have yet to notice any signs of skin aging, your skin type can be considered Tight (T).



Putting it all together: Which one is your skin type?

Do you remember the letters you chose on each page? Put them all together, and you'll find your unique skin type below:

→ Click on your skin type to shop a customized skincare routine





Care to Beauty E-book To love your Skin, first, you must know it. Get 10% Off on the perfect routine for your unique skin type. Use this code on your order*: MYSKINTYPE10 * logged in customers only Care to Beauty www.caretobeauty.com